Japan Post Group aims to become a “Total Lifestyle Support Group” through the nationwide post office network, by providing a variety of products and services mainly in its three core businesses of postal services, banking and life insurance, while deeply engaging in all aspects of customers' lives, and constantly helping customers and local communities.

Postal and Domestic Logistics Business
- Japan Post Transport Co.
- Japan Post Maintenance Co.
- Japan Post Sankyu Global Logistics Co.
- JP Biz Mail Co.
- JP Media Direct Co.
- Tokyo Beiyu Co.

Post Office Business
- Japan Post Trading Service Co.
- Japan Post Building Management Co.
- Japan Post Communications Co.
- Japan Post Office Support Co.
- JP Mitsukoshi Merchandising Co.
- YY Gift Co.
- Saison Asset Management Co.*
- JA Foods Oita Co.*
- Ringbell Co.*

International Logistics Business
- Toll Holdings Limited and its consolidated subsidiaries
- JP Toll Logistics Co.
- Toll Express Japan Co.
- Affiliates of Toll Holdings Limited*

Banking Business
- Japan Post Investment Corporation and its consolidated subsidiaries
- JP Asset Management Co.*
- SDP Center Co.*
- ATM Japan Business Service, Ltd.*

Life Insurance Business
- Japan Post Insurance System Solutions Co.

Other Business
- Japan Post Staff Co.
- Yusei Challenged Co.
- Japan Post Hotel Service Co.
- Japan Post Information Technology Co.
- Japan Post Capital Co.
- Japan Post Real Estate Co.
- System Trust Laboratory Co.
- JP Twoway Contact Co.

* Affiliated company accounted for under the equity method (As of March 31, 2019)